



Lunch

Sliced French baguette with butter	1.50
<i>With garlic oil & cheese</i>	2.50
Gluten-Free Grilled Corn Muffin	2.00
<i>With pepper jack cheese</i>	3.25
Curried Yam Soup	3.50/5.00
Soup Du Jour	3.50/5.00
Vegetarian Black Bean Chili	4.00/6.00
House Salad	3.50 sm 6.00 lg
<i>mixed greens with fresh grape tomatoes, carrots, and choice of house made dressing</i>	

Scones	2.50
Hummus Platter	8.95

house made hummus with tomatoes, olives & tabbouleh, served with grilled wheat flatbread

House Made Quiche	5.50
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*- Spinach, Tomato, Swiss & Farmer's cheese
- Asparagus, Mushroom & Provolone
- Quiche Lorraine - smoked bacon & caramelized onions
- New England Quiche - house made sausage, cheddar and Granny Smith apples*

COMBO MEAL DEALS

Served with:

Cup of soup or salad	9.00
Bowl of soup	10.50
Fresh fruit	10.25

Grilled Cheese

with tomato on choice of bread
Add ham or bacon + **1.50**

Hummus & Veggie Wrap

with spinach, tomato & cucumber

Half Meatloaf Sandwich

meatloaf prepared with pork and beef from Breakaway Farms,
with tomato & dijonaise on choice of white or whole wheat
whole sandwich **add 3.00**

House Made Quiche

Spinach, Tomato, Swiss & Farmer's Cheese
Asparagus, Mushroom & Provolone
Quiche Lorraine
New England Quiche

ENTRÉE SALADS

Jumbars' Signature Salad	8.95
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mixed greens with hard cooked egg, grilled asparagus, cucumber, roasted sweet peppers & lemon dill dressing

with grilled tofu	10.95
with grilled chicken	10.95
with grilled wild caught salmon	11.95
with grilled shrimp	12.95

Salad Nicoise	14.95
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Ahi tuna grilled medium rare on a bed of mixed greens with olives, grilled potatoes, green beans & hard cooked egg with red wine vinaigrette

And The Beet Goes On	9.50
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roasted beets on a bed of spinach with goat cheese, roasted walnuts, grilled red onion & red wine vinaigrette

Roasted Duck Breast	15.95
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mixed greens with sliced pear, dried cranberries, roasted walnuts & balsamic vinaigrette

Blackened Salmon	11.95
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mixed greens with grilled potatoes, roma tomato, cucumber, grilled red onion & herbed buttermilk dressing

Mary's Salad	10.95
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grilled chicken on mixed greens with hard cooked egg, carrots, tomato, crisp Fuji apple, sharp cheddar & honey dijon

Greek Salad	8.95
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mixed greens with tomato, cucumber, olives, feta & red wine vinaigrette

with grilled chicken	10.95
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Emily's Salad	8.95
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mixed greens with crisp Fuji apple, grapes, navel oranges, walnuts & raspberry vinaigrette

with grilled chicken	10.95
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HOUSE MADE DRESSINGS

Balsamic Vinaigrette, Herb Buttermilk, Raspberry Vinaigrette, Red Wine Vinaigrette, Honey Dijon, Lemon Dill

extra dressing is available upon request for an additional cost (1.00)

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

You should know that, despite taking every precaution, cross contact with peanuts, tree nuts, soy, milk, eggs, wheat, fish or crustacean shell fish can occur in our food production areas.

Breakfast served until 11am Tue-Fri and all day Saturday & Sunday



Lunch

Greenwich St Special **9.95**
juicy turkey breast with Granny Smith apples, cheddar cheese & dijonaise, served open face on white toast with potatoes and house made pickle

Natural Beef Burger **9.95**
natural beef burger - from Breakaway Farms - served with lettuce and tomato on our house made focaccia roll with potatoes and house made pickle

Add: American cheese, caramelized onions, provolone, tomatoes, farmer's cheese, pepper jack, mushrooms, Swiss, spinach, feta, cheddar, roasted peppers, bacon or goat cheese **1.00 each**

Chicken Crepes **13.95**
with broccoli and tomatoes with a light asiago cream sauce

Hot Ham & Cheese **9.95**
thinly sliced baked ham, grilled golden pineapple & farmer's cheese on our house made grilled challah roll with potatoes and house made pickle

Pulled Pork Sandwich **9.95**
house made tender shredded pork from Breakaway Farms in a mild chili barbecue sauce served on our house made grilled challah roll with potatoes and house made pickle

Whole Wheat Flatbread
with zucchini, tomato, spinach, garlic olive oil, mozzarella, and asiago cheese **8.95**
with grilled chicken **10.95**
with shrimp **12.95**

COLD SANDWICHES

*Served with grilled potatoes & house made pickle
 Substitute house salad 1.95*

Turkey & Apple Chutney **9.95**
juicy turkey breast with house made apple cranberry Chutney on toasted cinnamon raisin bread

Turkey Club **10.95**
juicy turkey breast with smoked bacon, lettuce, tomato and dijonaise on our house made whole wheat toast

Italian Trio **9.95**
sliced ham, hard salami, and hot capicola with lettuce, tomato, provolone and red wine vinaigrette served on our house made focaccia roll

Grilled Sandwiches

*Served with grilled potatoes & house made pickle
 Substitute house salad 1.95*

Baby Bella **10.95**
with baby bella mushrooms, zucchini, fresh spinach, tomatoes, caramelized onions, garlic olive oil, mozzarella, and provolone on house made whole grain bread

Lenore's **10.95**
juicy turkey breast, caramelized onions, dijonaise, smoked bacon and provolone on house made white bread

Meatloaf Grilled Cheese **10.95**
meatloaf prepared with pork and beef from Breakaway Farms, pepper jack cheese and sliced tomato served on choice of house made white, whole grain or marble rye bread

BEVERAGES

Monocacy Company Fresh Brewed Coffee **2.50**
Hot Tea **2.50**
Additional tea bag 0.50
Hot Chocolate **2.75**
Scholl's Hot Apple Cider (seasonal) **3.25**
With mulling spices
Bottled Spring & Sparkling Water **2.50**

Soda **2.25**
Juice – small/large/carafe **2.25/2.75/5.00**
orange, cranberry, organic apple, grapefruit, vegetable
Sunrise **2.25 sm 2.75 lg**
orange juice with a splash of cranberry juice
Seabreeze **2.25 sm 2.75 lg**
grapefruit juice with a splash of cranberry juice
Unsweetened iced tea **2.25**
Black or green tea

**Visit our bakery counter for today's fresh baked goods, jams by the jar, bread, and muffins!
 Also for sale is Jumbar's Java - locally roasted by Monocacy Company!**

www.jumbar.com

*We accept Visa, Mastercard, Discover, and American Express
 Please tell your server before ordering if you need separate checks
 We encourage our customers to BYOB - \$2.50 cork fee per bottle
 \$1.50/plate splitting charge*